13th Annual Best Ever Doubles Clinic

Who: All are welcome to the 13th Annual Indoor Doubles Clinic

What: Best Ever Doubles Clinic, followed by pizza and an evening of fun

When: Saturday, April 19th 2015, 10:30 AM to 2:30 PM

Where: Central Middle School, Gym B (see map below)

4857 Bloom Ave

White Bear Lake, MN 55110

Why: Cause now is the time to learn new lifts

Cost: It's **free!** There is an evening of fun for all ages

following the clinic

Out of town lodging is available at a discounted rate at the White Bear Country Inn. For more info email Ryan at: shouldi@gmail.com

Definition of strap doubles:

In strap doubles the guy is strapped to the rope and this leaves his hands free to assist the girl more effectively. This is probably one of the more dangerous stunts in waterskiing because the skier is strapped to the rope. To decrease the level of danger a device called a quick release is used that allows a spotter to detach the skier from the boat. Strap doubles is said by many to be the most beautiful stunt on

the water.



For those with GPS the school address is: 4857 Bloom Ave, White Bear Lake, MN 55110

- You MUST be a current USA Waterski member to participate at the clinic!
- It is suggested that you come as partners. Each year a few people show up with no partner and don't end up doing many lifts.

Directions to Central Middle School:

- 1. Go north on hwy 61
- 2. Go left on 7th St
- 3. Go right on Bloom Ave



